

Sport

BTEC First Award

Examination Board: Edexcel

What will I study?

If you select BTEC Sport you will have two lessons of PE each week. In these lessons you are required to produce course work in addition to performing practically. If you are looking to study sport or PE in sixth form this is the option you should choose. Throughout the course the amount of course work and practical work students complete will vary.

Students complete four units throughout the two year course:

Unit 1 – Fitness for sport and exercise

Unit 2 – Practical sports performance

Unit 3 – Training for personal fitness

Unit 4 – Leading sports activities

How is the course assessed?

Unit 1 is assessed externally through an online examination worth 60 marks. This counts for 25% of the overall grade. The other three units are assessed internally by coursework and are each worth 25%. At the end of the course students should achieve either a pass, merit or distinction at level 2.

How will the course help me in the future?

Achieving a good grade in this subject will allow for progression onto Level 3 BTEC courses in year 12. Jobs, roles and opportunities within the sport and leisure industry, including working in sports coaching, sports medicine, sporting technologies, the fitness industry and as a sporting official, are all more achievable with a good grade in this subject.

Are there any pre-requisites for taking the course?

Yes, you must have an interest in PE. You need to enjoy the practical side of the subject as well as realising that there is coursework to produce. If you just want to take part in two practical PE lessons a week, this is not the course you should be choosing

Which member of staff should I contact for more information?

Mr Woodley