

YOUNG PEOPLE'S COUNSELLING SERVICE

13-18 year olds

The Castle Practice, Drummer Lane,
Tidworth

"Someone
actually
listened to me"



"It has helped
me feel a bit
more like myself"

Are you feeling unhappy, worried or concerned about something at home, school or with friends? Don't know who to talk to?

We can help...

Relate Mid Wiltshire has experience in working with young people of all abilities, ethnicity and sexual orientation. Our service is confidential and non-judgemental. If you are a patient at The Castle Practice, speak to your GP who will get in contact with us to arrange your counselling sessions .

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relate
the relationship people