

6th Form Courses

SPORT



- How does the human body cope with the demands of a marathon?
- What made Sir Alex Ferguson so successful?
- How do I become a sports coach?

By studying BTEC Sport you will be able to answer all these questions and more!

"Set your goals high and don't stop until you get there"

BTEC SPORT

What is the course like?

In BTEC Sport we look at all areas which relates to the sporting industry, developing understanding of different career pathways within the industry and building skills and knowledge of different types of sports, athletic performance and leadership.

Course content

- Anatomy and Physiology
- Fitness Training and Programming
- Application of Fitness Testing
- Practical Sports Performance
- Sports Performance Analysis

Entry requirement

5 GCSEs at 9-4 including English and Maths

Duration

2 years.

How will I be assessed?

Sport is a predominantly coursework based subject. Some of this coursework is written and some takes other forms such as presentations, video analysis and observations. Dependent upon if you study the single course (equivalent to 1 A Level) or the double course (equivalent to 2 A Levels) you will also undertake written exams; for single course one in year 12 and two in year 13, for the double course two in year 12 and One in year 13. Successful completion of these exams is essential.

Below are the unit titles for the Single and Double courses;

Single Award

Unit 1 Anatomy and Physiology (External exam)

Unit 2 Fitness Testing and Programming (External exam)

Unit 3 Professional development

Unit 4 Sports Leadership

Double Award

Unit 1 Anatomy and Physiology (External exam)
Unit 2 Fitness Testing and Programming (External exam)
Unit 3 Professional development
Unit 4 Sports Leadership
Unit 6 Sports Psychology
Unit 7 Practical Sports Performance
Unit 22 Investigating Business In Sport (External exam)
Unit 23 Skill Acquisition

Where does it lead?

On completion of the course you will be equipped to study Sport further at University or become employed within the sport and leisure industry.

Some of our students have gone on to study and become the following; PE teacher, Primary PE teacher, Chiropractor, Physiotherapist, Coach at Southampton Saints, Business Management in the Sport Industry.

Is this course suitable for me?

The course covers a wide variety of topics within sport. You will gain the opportunity to learn within the classroom environment, but the course has highly practical units. Within these units you will be expected to take part in a wide variety of sport and fitness activities, which gives you the option to be assessed practically as well as academically.

How to Apply

- Complete and return an application form. Application forms are available from the Wellington Academy website: www.thewellingtonacademy.org.uk.
- Your completed application should be returned to Dave Bissington, Head of 6th Form, this can be done either via your tutor (if internal) or delivered to the school reception.
- Alternatively please complete an online form, found under 2021 – Applications on the 6th Form tab.
- You will have an individual course consultation, during which provisional courses will be agreed.
- The offer of the course will be conditional upon you meeting the required entry grades, any subject specific criteria and having a suitable reference from your previous school.
- Your final interview will be held immediately after you have received your GCSE results. This is when your actual offer is negotiated and confirmed.

www.wellingtonacademy.org.uk

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